




MILTON CHEER CENTER MARCH 2025 ACTIVITIES

24855 BROADKILL ROAD, MILTON DE 19968

Tel: (302) 684-4819 • Email: sroell@cheerde.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Tai Chi 10:00 Membership Meeting “Welcome New Members!” 11:00 Yoga 11:30 Lunch 12:00 Dan Feth Mingo</p>	<p>4 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Wii Bowling 11am YOGA 11:30 Lunch 12:00 Bingo</p>	<p>5 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Bible Study w/Dan Feth 11:15am YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club</p>	<p>6 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 YOGA 9:30 Memory Café 10:30 Becketts Bulletin 11am YOGA 11:30 Lunch 12:00 Movie 12:30 Mahjong Computer and Smartphone Clinics every Thursday by Appointment Only Call to get your time</p>	<p>7 8-3:30 Fitness Room Open 9:00 Breakfast Café 9:00 Morning Chat, Snack and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Trip to Dollar General <u>Clocks Spring Forward</u> <u>Sunday, March 9th</u></p> 
<p>10 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 11:00 Yoga 11:30 Lunch 12:00 Dan Feth Mingo</p>	<p>11 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Wii Bowling 11:00 Yoga 11:30 Lunch 12:00 Bingo</p>	<p>12 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Bible Study w/Dan Feth 11:15am YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club Dinner and Bingo Starting at 4:00 p.m. Menu: Ham and Cabbage</p>	<p>13 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 11:00 Yoga 11:30 Lunch 12:30 Mahjong Computer and Smartphone Clinics every Thursday by Appointment Only Call to get your time</p>	<p>14 8-3:30 Fitness Room Open 9:00 Breakfast Café 9:00 Morning Chat, Snack and Socialize 10:00 Prize Bingo 11:00 to 1:00 <u>ST. PATRICK'S DAY</u> <u>PARTY CELEBRATION!!</u> 11:30 Lunch 12:30 Prize Bingo 1:00 Trip to Dollar General</p>
<p>17 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 11:00 Yoga 11:30 Lunch 12:00 Dan Feth Mingo 1:00 “Drop-In”</p> 	<p>18 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Wii Bowling 11:00 Yoga 11:30 Nutrition Ed w/Lisa Harkins 11:30 Lunch 12:00 Bingo</p>	<p>19 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Bible Study w/Dan Feth 11:15 am YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club</p>	<p>20 FIRST DAY OF SPRING!! 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11:00 Yoga 11:30 Lunch 12:30 Mahjong  Computer and Smartphone Clinics every Thursday by Appointment Only</p>	<p>21 8-3:30 Fitness Room Open 9:00 Breakfast Café 9:00 Morning Chat, Snack and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Trip to Dollar General</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>24 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Morning Chat 11:00 Yoga 11:30 Lunch 12:00 Dan Feth Mingo 1:00 "Drop-In Knitting Group"</p> <p>"March for Meals"</p>	<p>25 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Wii Bowling 10:00 Bingo 11:00 Yoga 11:30 Lunch 12:00 Bingo</p>	<p>26 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Bible Study w/Dan Feth 11:15am YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club</p>	<p>27 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11:00 Yoga 11:30 Lunch 12:30 Movie 12:30 Mahjong</p> <p>Computer and Smartphone Clinics every Thursday by Appointment Only Call to get your time</p>	<p>28 8:00 - 3:30 Fitness Room Open 9:00 Breakfast Café 9:00 Morning Chat, Snack and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Trip to Dollar General</p>
<p>31 8-3:30 Fitness Room Open 8:30 Trip to Target in Dover and lunch out 9:00 Morning Chat, Snack and Socialize 10:00 TAI CHI 10:00 Morning Chat 11:00 Yoga 11:30 Lunch 12:00 Movie</p>				
<p>Let's All Get in the Habit of Using The TOUCH SCREEN in The Lobby Area Also, Don't Forget to Choose Socialize, Snack and Morning Chat Thank you!!</p>			<p>JOIN US FOR OUR ST. PATRICK'S DAY CELEBRATION FRIDAY MARCH 14TH 11:00 AM</p>	<p>VOLUNTEERS NEEDED Milton CHEER Center Stop in to volunteer or for more information</p>