

# ARE YOU BALANCING YOUR JOB, PERSONAL LIFE AND CARING FOR PARENTS, GRANDPARENTS, OR ANOTHER LOVED ONE?



We understand how difficult it can be. We also know making decisions regarding care can be stressful.

At CHEER, your loved one will be cared for by trained professionals in a safe and secure setting.

## **SAND HILL ADULT DAY PROGRAM**

*Support for early Alzheimer's and dementia clients*

**Offering respite care for caregivers as we care for your loved ones 50 and older**

- Nursing Oversight
- Assistance with personal care
- Noon meal and snack provided
- Brain Fitness and Physical Fitness Programs
- Transportation to and from program is available

**Monday through Friday  
from 9:00 a.m. to 3:00 p.m.**

**at the Warren L. & Charles C. Allen, Jr.**

**CHEER Community Center,**

**20520 Sand Hill Rd., Georgetown, DE**

**Call Cindy at 302-854-2882**

**for more details or visit:**

**[www.cheerde.com/sand-hill-adult-day-program](http://www.cheerde.com/sand-hill-adult-day-program)**

 **CHEER**

*Over 50 Years Serving Sussex Seniors*