

January

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>DELAWARE HEALTH AND SOCIAL SERVICES <i>Division of Services for Aging and Adults with Physical Disabilities</i></p> <p><i>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</i></p> <p>Menu items subject to change due to availability.</p>		<p>1</p> <p>Happy New Year. Centers are Closed.</p>	<p>2</p> <p>French Dip Sandwich Baked Steak Fries Pickled Beets Apple Crisp Skim Milk</p>	<p>3</p> <p>Split Pea Soup Egg Salad Sandwich Macaroni Salad Fig Cookie Bar Skim Milk</p>
<p>6</p> <p>Fish Patty Scalloped Potatoes Cole Slaw Whole Wheat Roll/Bread Banana Cream Pudding Skim Milk</p>	<p>7</p> <p>Pork and Vegetable Stir Fry Steamed or Baked Rice Sugar Snap Peas Asian Blend Whole Wheat Roll/Bread Pineapple w/Mandarin Oranges Skim Milk</p>	<p>8</p> <p>Tamale Pie Chuckwagon Corn Gelatin Skim Milk</p>	<p>9</p> <p>Chicken Alfredo w/Pasta Cucumber Tomato Salad Whole Wheat Roll/Bread Ice Cream Skim Milk</p>	<p>10</p> <p>Baked Potato Bar Steamed Broccoli Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk</p>
<p>13</p> <p>Sausage and Peppers Lettuce and Tomato Salad Potato and Cheese Pierogies Whole Wheat Roll/Bread Applesauce Skim Milk</p>	<p>14</p> <p>Egg Sandwich American Fried Potatoes Steamed Spinach Fresh Banana Skim Milk</p>	<p>15</p> <p>Chicken Linguine w/Spinach Herb Pesto Steamed Cauliflower Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>	<p>16</p> <p>Glazed Meatloaf w/Brown Gravy Garlic Mashed Potatoes Baby Carrots Whole Wheat Roll/Bread Rice Pudding Skim Milk</p>	<p>17</p> <p>Tuna Noodle Casserole Steamed Broccoli Whole Wheat Roll/Bread Mandarin Oranges Skim Milk</p>
<p>20</p>  <p>All Centers are Closed.</p>	<p>21</p> <p>Hot Turkey Sandwich Mashed Sweet Potatoes French Style Green Beans Apple and Peach Cobbler Skim Milk</p>	<p>22</p> <p>Chicken Cordon Bleu Mashed Red Potatoes Brussels Sprouts Fruited Gelatin Whole Wheat Roll/Bread Skim Milk</p>	<p>23</p> <p>Beef Stew Five-Way Mixed Vegetables Chilled Blushing Pears Biscuit Skim Milk</p>	<p>24</p> <p>Minestrone Soup Crab Salad Mixed Green Salad Whole Wheat Roll/Bread Rice Crispy Bar Skim Milk</p>
<p>27</p> <p>Turkey Chili Steamed or Baked Rice Winter Mix Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>	<p>28</p> <p>Beef Pot Roast Roasted Red Potatoes Steamed Carrots Whole Wheat Roll/Bread Apple Pie Skim Milk</p>	<p>29</p> <p>Honey Glazed Pork Chop Baked Sweet Potato Half Steamed Cabbage Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk</p>	<p>30</p> <p>Bourbon Chicken Brown Rice Pilaf California Vegetables Whole Wheat Roll/Bread Fruited Ambrosia Skim Milk</p>	<p>31</p> <p>Dijon Crusted Fish Macaroni and Cheese Stewed Tomatoes Whole Wheat Roll/Bread Chilled Pineapple Skim Milk</p>