



Milton CHEER Activity Center DECEMBER 2024



MON	TUE	WED	THU	FRI
<p>2. 8-3:30 Fitness Room Open 9:30 Tai Chi 11:00 Yoga 11:30 Lunch 12:00 - MINGO w/Dan Feth</p> 	<p>3. 8-3:30 Fitness Room Open 10:00 Revive Music 11:00 Chair Yoga 11:30 Lunch 12:00 PRIZE BINGO 12:45 Board Games</p>	<p>4. 8-3:30 Fitness Room Open 9:00 Arts & Crafts 9:30 Bible Study 11:00 Yoga 11:30 Lunch 1-3:00 BRIDGE 1:00 Trip to Post office and Bank</p>	<p>5. 8-3:30 Fitness Room Open 9:30 Memory Cafe 10:30 Beckett's Bulletin 11:00 Chair Yoga 11:30 Lunch 12:30 Hangman 12:30-3 Majong for Fun</p>	<p>6. 8-3:30 Fitness Room Open 9:00-10:30 BREAKFAST (Only \$2.50!) 10:00 am—12:30 TREE DECORATING PARTY w/ Santa 11:30 Lunch 12:30 PRIZE BINGO 1:00 Trip to Dollar General</p> 
<p>9. 8-3:30 Fitness Room Open 9:30 Tai Chi 11:00 Yoga 11:30 Lunch 12:00 - MINGO with Dan Feth</p>	<p>10. 8-3:30 Fitness Room Open Harbor Lights Visiting 11:00 Chair Yoga 11:30 Lunch 12:00 PRIZE BINGO 12:45 Board Games</p> 	<p>11. 8-3:30 Fitness Room Open 9:00 Arts & Crafts 9:30 Bible Study 11:00 Yoga 11:30 Lunch 1-3:00 BRIDGE 1:00 Trip to Post office and Bank</p> 	<p>12. 8-3:30 Fitness Room Open 9:30 Memory Cafe 11:00 Chair Yoga 11:30 Lunch 12:30 Wii Bowling 12:30-3 Majong for Fun</p> 	<p>13. 8-3:30 Fitness Room Open 9:00-10 BREAKFAST (\$2 for seniors) 10:00 am PRIZE BINGO 11:30 Lunch 12:00 BIRTHDAY PARTY 12:30 Prize Bingo 1:00 Trip to Dollar General</p> 
<p>16. 8-3:30 Fitness Room Open 9:30 Tai Chi 11:00 Yoga 11:30 Lunch 12:00 - MINGO with Dan Feth</p> 	<p>17. 8-3:30 Fitness Room Open 10:00 Trip DE Seaside Railroad Display, Georgetown Library 11:00 Chair Yoga 11:30 Lunch 12:00 PRIZE BINGO 12:45 Board Games</p> 	<p>18. 8-3:30 Fitness Room Open 9:00 Arts & Crafts 9:30 Bible Study 11:00 Yoga 11:30 Lunch 1-3:00 BRIDGE 1:00 Trip to PO and Bank 4:30 - 6:30 Dinner & Christmas music w/ pianist Mark Gratton</p>	<p>19. 8-3:30 Fitness Room Open 9:30 Memory Cafe 11:00 Chair Yoga 11:30 Lunch 12:30 Wii Bowling 12:30-3 Majong for Fun</p>	<p>20. 8-3:30 Fitness Room Open 9:00-10:30 BREAKFAST (Only \$2.50!) Milton Visits Harbor Lights 1:00 Trip to Dollar General</p> 



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MON	TUE	WED	THUR	FRI
<p>23 8-3:30 Fitness Room Open 9:30 Tai Chi 11:00 Yoga 11:30 Lunch 12:00 - MINGO with Dan Feth</p> 	<p>24 8-3:30 Fitness Room Open 10:00-11:30 CHRISTMAS CELEBRATION 11:00 Chair Yoga 11:30 Lunch 12:00 PRIZE BINGO 12:45 Board Games</p> 	<p>25</p> 	<p>26 8-3:30 Fitness Room Open 9:30 Memory Cafe 11:00 Chair Yoga 11:30 Lunch 12:30-3 Majong for Fun</p> 	<p>27 8-3:30 Fitness Room Open 9:00-10 BREAKFAST (\$2 for seniors!) 10:00 am PRIZE BINGO 11:30 Lunch 12:30 Prize Bingo 1:00 Trip to Dollar General</p>
<p>30 8-3:30 Fitness Room Open 9:30 Tai Chi 11:00 Yoga 11:30 Lunch 12:00 - MINGO with Dan Feth</p>	<p>31 8-3:30 Fitness Room Open 10:00-1 NEW YEARS EVE DAY PARTY ! 11:00 Chair Yoga 11:30 Lunch 12:00 PRIZE BINGO</p>			



MILTON CHEER CENTER
24855 BROADKILL RD, MILTON DE
Tel: (302) 684-4819
Check out our FB Page!

