











**Greenwood CHEER Activity Center**  
**“YOUR HOME AWAY FROM HOME”**  
**OCTOBER 2024**  
**302- 349-5237**













Mon	Tue	Wed	Thu	Fri
<p style="text-align: center;"><b><u>WEDNESDAY OCT 2ND</u></b>  <b><u>9:00 AM</u></b>  <b><u>TRIP TO BOMBAY HOOK</u></b>  <b><u>NATIONAL WILDLIFE REFUGE</u></b>  <b><u>(INCLUDES BAG LUNCH</u></b>  <b><u>AND BUS \$6)</u></b></p> 	<p><b>1</b>  <b>Bus Riders to Bank/P.O.</b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>            10:30 <b>BINGO</b>            11:30 <b>Lunch</b>            12:15 <b>FULL CARD BINGO</b></p> 	<p><b>2</b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>  <b>8:30 Bombay Hook</b>  <b>National Wildlife</b>  <b>Refuge Tour w/bag</b>  <b>lunch \$6</b>            11:30 <b>Lunch</b>            12:30 <b>Luncheon Card Club</b>  <b>“Hand &amp; Foot”</b></p> 	<p><b>3</b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>  <b>10:00 Tennant Brown/</b>  <b>Medicare Questions</b>  <b>10:30 Beckett’s Bulletin</b>            11:30 <b>Lunch</b>            12:00 <b>“Stroll Down</b>  <b>Memory Lane” w/</b>  <b>Mason Dixon</b>            1:00 <b>Alzheimer’s Support</b>  <b>Group</b>            1:00 <b>Memory Café</b></p>	<p><b>4</b> <b><u>NO BINGO TODAY</u></b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Café includes</b>  <b>FULL BREAKFAST \$2.50</b>            10:00 <b>Music</b>  <b>Entertainment w/Lisa</b>  <b>Miller</b>            10:00 <b>Ladies Prayer</b>  <b>Group</b>            11:30 <b>Lunch</b>            12:30 <b>Luncheon Card Club</b>  <b>“Hand &amp; Foot”</b></p> 
<p><b>7</b>            8:00 Fitness Center Open            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>            9:15 <b>Tai Chi - Gary Tompkins</b>            10:00 <b>Bible Study</b>            10:30 <b>Cornhole, Weather</b>  <b>Permitting</b>            11:30 <b>Lunch</b>            12:30 <b>Luncheon Card Club “Hand</b>  <b>&amp; Foot”</b></p> 	<p><b>8</b>  <b>Bus Riders to Bank and</b>  <b>Post Office</b>            8:00 Fitness Center Open            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>            10:30 <b>BINGO</b>            11:30 <b>Lunch</b>            12:15 <b>FULL CARD BINGO</b></p> 	<p><b>9</b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>  <b>9:45 Blood Pressure</b>  <b>Check w/Betty</b>            10:30 <b>Positive Music Time</b>  <b>w/Randy</b>            11:30 <b>Lunch</b>            12:30 <b>Luncheon Card Club</b>  <b>“Hand &amp; Foot”</b></p> 	<p><b>10</b>  <b>Bus Riders to Bank and</b>  <b>Post Office</b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Coffee Time Café</b>            10:30 <b>Musical Entertainment</b>  <b>by Imagine!</b>            11:30 <b>Lunch</b>            1:00 <b>Memory Café</b></p>	<p><b>11</b> <b><u>NO BINGO TODAY</u></b>            8:00 Fitness Center            8:30 <b>CHEERful Morning</b>  <b>Café includes Full</b>  <b>Breakfast - \$2.50</b>            10:00 <b>Ladies Prayer</b>  <b>Group</b>            11:30 <b>Lunch</b>            12:30 <b>Luncheon Card Club</b>  <b>“Hand &amp; Foot”</b></p> 

# October

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Mon	Tue	Wed	Thu	Fri
<p><b>14</b> <b>HIGHMARK DENTAL CLINIC TBA</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 9:15 <b>Tai Chi - Gary Tompkins</b> 10:00 <b>Bible Study</b> 10:30 <b>Cornhole, Weather Permitting</b> 11:30 Lunch 12:00 <b>Music Ministry w/ Pastor Dan &amp; Betsy Taylor</b></p>	<p><b>15</b> <b>Bus Riders to Bank/PO</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 10:30 <b>BINGO</b> 11:30 Lunch 12:15 <b>FULL CARD BINGO</b></p> 	<p><b>16</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 9:30 <b>Byler's In Harrington, lunch at Derby's</b> 11:00 <b>FOOD BANK of DE</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 	<p><b>17</b> <b>Bus Riders to Bank/Post Office before drop off</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 10:30 <b>KARAOKE PARTY w/WAYNE!!</b> 11:30 Lunch 1:00 <b>Memory Café</b></p>	<p><b>18</b> <b>NO BINGO TODAY</b> 8:00 Fitness Center Open 8:30 <b>CHEERful Morning Café includes Full Breakfast \$2.50</b> 9:00 <b>Trip to Georgetown CHEER</b> 10:00 <b>Ladies Prayer Group</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 
<p><b>21</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 9:15 <b>Tai Chi w/Gary Tompkins</b> 10:00 <b>Bible Study</b> 10:30 <b>Cornhole! Weather Permitting</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 	<p><b>22</b> <b>Bus Riders to Bank/PO</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 10:00 <b>Dr. Ashley Haldeman from PAM Rehabilitation Hospital visiting</b> 10:45 <b>BINGO</b> 11:30 Lunch 12:15 <b>Full Card BINGO</b></p>	<p><b>23</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 9:00-1:00 <b>AARP Defensive Driving Course – Refresher</b> 9:45 <b>Blood Pressure Check with Betty</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 	<p><b>24</b> 9:00 am - 6:00 pm <b>La Red Health Center Mobile Clinic</b> 8:00 Fitness Center Opens 8:30 CHEERful Morning Café 10:30 <b>"Stroll Down Memory Lane" w/Mason Dixon</b> 11:30 Lunch 1:00 <b>Memory Café</b> 5:00 <b>Spaghetti/Meatball Dinner and Music w/Suzette Pritchett - \$6</b></p> 	<p><b>25</b> 8:00 Fitness Center 8:30 <b>CHEERful Morning Café includes Full Breakfast \$2.50</b> 10:00 <b>Ladies Prayer Group</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 
<p><b>28</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 9:15 <b>Tai Chi - Gary Tompkins</b> 10:00 <b>Bible Study</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 	<p><b>29</b> <b>Bus Riders to Bank and Post Office before drop off</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 10:30 <b>BINGO</b> 11:30 Lunch 12:15 <b>FULL CARD</b></p> 	<p><b>30</b> 8:00 Fitness Center Opens 8:30 CHEERful Morning Coffee Time Café 10:30 <b>Halloween Party and Glenn's Magic Show</b> 11:30 Lunch 12:30 Luncheon Card Club "Hand &amp; Foot"</p> 	<p><b>31</b> <b>Bus Riders to Bank/PO</b> 8:00 Fitness Center Open 8:30 CHEERful Morning Café 10:30 <b>Membership Mtg (Unity Club)</b> 11:30 Lunch 12:00 <b>"Stroll Down Memory Lane" with Mason Dixon</b> 1:00 <b>Memory Café</b></p>	<p><b>GREENWOOD CHEER ACTIVITY CENTER</b> 41 Schulze Road Greenwood DE 19950 www.cheerde.com Tel: 302-349-5237 sroell@cheerde.com</p>