




Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Pasta Carbonara w/Turkey Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk</p>	<p>2 Baked Fish Mediterranean Couscous Steamed Spinach Fresh Fruit Skim Milk</p>	<p>3 Chicken Marsala Mashed Red Potatoes Asparagus Spears Whole Wheat Roll/Bread Cinnamon Pears Skim Milk</p>	<p>4 CHEER Centers Closed for Independence Day </p>	<p>5 Taco Salad Black Bean and Corn Salad Garnish Watermelon Slice Skim Milk</p>
<p>8 Fish Sandwich Baked French Fries Cole Slaw Pineapple Slices Skim Milk</p>	<p>9 Pork Carnitas Cilantro Lime Rice Roasted Corn and Peppers Fresh Strawberries Skim Milk</p>	<p>10 Hamburger on Bun Baked Beans Lettuce-Tomato-Onion Salad Fruited Gelatin Skim Milk</p>	<p>11 Chicken Parmesan Rigatoni Noodles Italian Vegetables Whole Wheat Roll/Bread Ice Cream Skim Milk</p>	<p>12 Dilly Turkey Pasta Salad Cucumber Dill Salad Chilled Fruit Cup Skim Milk</p>
<p>15 Hot Dog on Bun Baked Beans Cole Slaw Italian Ice Skim Milk</p>	<p>16 Cheese Quiche American Fried Potatoes Steamed Spinach Greek Yogurt Parfait w/Granola Whole Wheat Roll/Bread Skim Milk</p>	<p>17 Baked Ziti and Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>	<p>18 Chicken w/Curry Dill Sauce Yellow Rice Steamed Cauliflower Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>	<p>19 Beef Vegetable Soup Tuna Pasta Salad Pickled Beets Mandarin Oranges Skim Milk</p>
<p>22 Cheese Ravioli and Marinara Tossed Garden Salad Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk</p>	<p>23 Turkey Tetrazzini Green Beans w/Mushrooms Whole Wheat Roll/Bread Blueberry Cobbler Skim Milk</p>	<p>24 Baked Stuffed Chicken Breast Brussels Sprouts Whole Wheat Roll/Bread Cinnamon Applesauce Skim Milk</p>	<p>25 Beef Stroganoff Buttered Noodles Five-Way Mixed Vegetables Whole Wheat Roll/Bread Fresh Banana Skim Milk</p>	<p>26 Cream of Tomato Soup Cottage Cheese w/Fruit 3-Bean Salad Whole Wheat Roll/Bread Strawberry Crème Pie Skim Milk</p>
<p>29 Turkey Divan Steamed or Baked Rice Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>	<p>30 Salisbury Steak w/Brown Gravy Garlic Mashed Potatoes Baby Carrots Whole Wheat Roll/Bread Ice Cream Sandwich Skim Milk</p>	<p>31 Pork Sliders Baked Sweet Potato Wedges Confetti Cole Slaw Chilled Fruit Cup Skim Milk</p>	<div data-bbox="1306 1300 1428 1421" data-label="Image"> </div> <p>DELAWARE HEALTH AND SOCIAL SERVICES <i>Division of Services for Aging and Adults with Physical Disabilities</i></p> <p><i>"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."</i></p> <p>Menu items subject to change due to availability.</p>	