

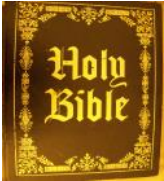








Greenwood CHEER Activity Center

“YOUR HOME AWAY FROM HOME”

JULY 2024



| Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|---|
| <p>1 8:00 Fitness Center Open 9:00 CHEERful Morning Coffee Time Café 9:15 Tai Chi—Gary Tompkins 10:00 Bible Study 11:30 Lunch 12:30 Luncheon Card Club “Hand & Foot”</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>2 Bus Riders to Bank/ P. Office 8:00 Fitness Center Opens 9:00 CHEERful Morning Coffee Time Café 10:30 BINGO 11:30 Lunch 12:15 FULL CARD BINGO</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>3 8:00 Fitness Center Opens 9:00 CHEERful Morning Coffee Time Café 10:30 PENNY BINGO! 11:30 Lunch 12:30 Luncheon Card Club “Hand & Foot”</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>4 GREENWOOD CHEER CENTER CLOSED TODAY</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>5 NO BINGO TODAY 8:00 Fitness Center Open 8:30 CHEERful Morning Café includes FULL BREAKFAST for \$2 9:30 Visit from our friends From Georgetown CHEER</p> <p>10:00 Music Entertainment with Lisa Miller 10:00 Ladies Prayer Group 12:30 Luncheon Card Club “Hand & Foot”</p> |
| <p>8 8:00 Fitness Center Open 9:00 CHEERful Morning Coffee Time Café 9:15 Tai Chi - Gary Tompkins 10:00 Bible Study 11:30 Lunch 12:00 Music Ministry with Pastor Dan & Betsy Taylor 12:30 Luncheon Card Club “Hand & Foot”</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>9 Bus Riders to Bank/P.Office 8:00 Fitness Center Opens 9:00 CHEERful Morning Coffee Time Café 10:30 BINGO 11:30 Lunch Let’s Celebrate July Birthdays! 12:15 FULL CARD BINGO</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>10 8:00 Fitness Center Opens 9:00 CHEERful Morning Coffee Time Café 9:45 Blood Pressure Check with Betty 10:30 PENNY BINGO! 11:30 Lunch 12:30 Luncheon Card Club “Hand & Foot”</p> <div style="text-align: center; margin-top: 20px;">  </div> | <p>11 Bus Riders to Bank and Post Office before drop off at Center 8:00 Fitness Center Opens 9:00 CHEERful Morning Coffee Time Café 10:30 Beckett’s Bulletin: Ocean View CHEER 11:30 Lunch 1:00 Alzheimer’s Support Group 1:00 Memory Café</p> | <p>12 NO BINGO TODAY 8:00 Fitness Center Opens 8:30 CHEERful Morning Café includes FULL BREAKFAST for \$2 9:45 Victoria from Highmark will be here for games and Karaoke</p> <p>10:00 Ladies Prayer Group 12:30 Luncheon Card Club “Hand & Foot”</p> |



Greenwood CHEER Activity Center JULY 2024



| Mon | Tue | Wed | Thu | Fri |
|---|--|--|---|---|
| <p>15 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:15 Tai Chi - Gary Tompkins 10:00 Bible Study 11:30 Lunch 1:00 Luncheon Card Club "Hand & Foot"</p>  | <p>16 Bus Riders to Bank/Post Office before drop off 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:30 Ask The Pharmacist "Randy" will be here! 10:30 BINGO 11:30 Lunch 12:15 FULL CARD BINGO</p> | <p>17 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:30 Trip to MERCANTILE of Milton. Lunch at Irish Eyes Milton 11:00 FOOD BANK of DE 11:30 Lunch 12:30 Luncheon Card Club "Hand & Foot"</p> | <p>18 Bus Riders to Bank/Post Office before drop off 8:00 Fitness Center Open 9:00 CHEERful Morning Café 10:00 Accepting Your Changing Identity Workshop with Life Coach Virginia Antongiorgi 11:30 Lunch 1:00 Memory Café</p> | <p>19 NO BINGO TODAY 8:00 Fitness Center Open 8:30 CHEERful Morning Café includes FULL BREAKFAST for \$2 9:30 Bus departs to see our friends-Georgetown CHEER 10:00 Ladies Prayer Group 11:30 Lunch 12:30 Luncheon Card Club "Hand & Foot"</p> |
| <p>22 9:00 CHEERful Morning Café 9:15 Tai Chi - Gary Tompkins 10:00 Bible Study in Conf Room 10:00 Lisa Swanger from the DE Center for the Inland Bays 11:30 Lunch 12:30 Luncheon Card Club "Hand & Foot"</p> | <p>23 Bus Riders to Bank and Post Office before drop off 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:45 Laurel Senior Center Visits Greenwood CHEER 10:30 BINGO 11:30 Lunch 12:15 FULL CARD BINGO</p>  | <p>24 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:00-3:00 AARP Defensive Driving Course – Beginner 9:30 Blood Pressure Check with Betty 10:00 Trivia & Games with Alethea and Kayla of Delaware Palliative Care 12:30 Luncheon Card Club "Hand & Foot"</p> | <p>25 Bus Riders to Bank/Post Office before drop off 8:00 Fitness Center Opens 9:00 CHEERful Morning Café 9:30 Greenwood CHEER Visits Laurel Senior Center 11:30 Lunch 1:00 Memory Café 5:00 DINNER & BINGO Roast Brisket, baked potato With all the fixings, salad and dessert. \$6</p> | <p>26 NO BINGO TODAY 8:00 Fitness Center Open 8:30 CHEERful Morning Café includes FULL BREAKFAST for \$2 10:00 Ladies Prayer Group 12:30 Luncheon Card Club "Hand & Foot"</p> |
| <p>29 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:15 Tai Chi - Gary Tompkins 10:00 Bible Study 11:30 Lunch 12:30 Luncheon Card Club "Hand & Foot"</p> | <p>30 8:00 Fitness Center Open 9:00 CHEERful Morning Café 9:45 Erica from the Alzheimer's Assoc. will present "10 Warning Signs" 10:30 BINGO & FULL CARD BINGO 11:30 Lunch 12:15 MEMBERSHIP MEETING</p> | <p>31 8:00 Fitness Center Opens 9:00 CHEERful Morning Coffee Time Café 10:30 SUNSHINE SINGERS 11:30 Lunch 12:00 "Stroll Down Memory Lane" with Mason Dixon 12:30 Luncheon Card Club "Hand & Foot"</p>  |  <p style="text-align: center;">BRUNCH WITH THE JONES BOYS! SATURDAY JULY 20TH 11:00 AM ONLY \$5</p> | |